

# FIELD TO FORK: EXPLORING THE PATH FROM FARM TO TABLE

## 10:00AM-12:00PM Historic Cold Spring Village (Choose **OPTION A** or **B**)

### **OPTION A: Village Views Walking Tour** (available September through June)

Travel back in time to the 1800s and immerse yourself in Historic Cold Spring Village, a sprawling 30-acre site featuring restored and preserved buildings. Stroll along the village paths with your guide, who will discuss the history of the buildings and the crafts and trades of a 19th century village.

### **OPTION B: VIP Sampler Tour** (available September through June)

For a more interactive experience, the VIP Sampler Tour allows your group to meet and chat with Village residents such as a schoolmaster, innkeeper, housewife, and shopkeeper. Learn about their daily lives and duties as they welcome you into four different Village buildings.

## 12:15PM-1:45PM Lunch at The Grange Restaurant

Discover the charm of Cold Spring Grange Restaurant, a farm-to-table eatery with a rich history. Their dishes feature ingredients sourced directly from the Historic Cold Spring Village Farm and other local farms in southern New Jersey.

## 2:00PM Free Time on the Washington Street Mall

Enjoy a midday break and browse through the charming Washington Street Mall, which acts as the central hub of Cape May. Explore an array of one-of-a-kind boutiques and shops, indulge in fine dining options, and relax at nearby Rotary Park for a delightful experience.

## 2:00PM-3:30PM Stories of Cape Island Trolley Tour

Many stories of Cape Island and the surrounding area's economy are in whaling and farming and while new industries have evolved since then, that heritage is celebrated today. Hear how whalers centuries ago eked out a dangerous but lucrative living near Town Bank and how the area's rich farming heritage continues to be a source of tremendous community pride. Learn about the Union Bethel community in 1831 in which Black residents thrived and the diverse community that continues to contribute to the vibrancy of island life today.



For group inquiries or reservations, contact:

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