

# CAPE MAY'S SPIRITS, SOBRIETY AND SCARECROWS

Cape May



Museums. Arts. Culture.

## DAY ONE

CHOOSE EITHER *A*, *B* OR *C* FOR YOUR GROUP:

### *A*) 4:15PM Combination Voices from Beyond, Ghosts of Cape May Trolley & Carroll Gallery Exhibit (2 hours) Limited Availability

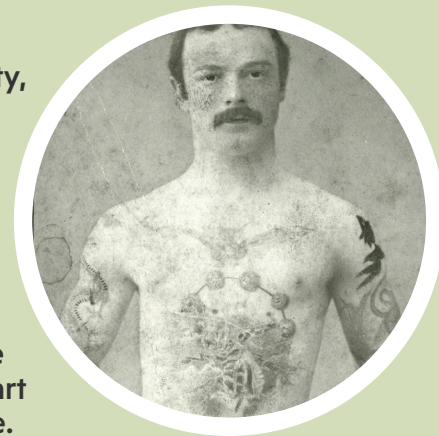
This is one of the most unusual tours that Cape May MAC has ever presented. As we walk through Dr. Emlen Physick's home we will share with you a number of voices recorded here in the house that have no scientific explanation. Throughout the tour you will learn about the equipment and tools used over the years in paranormal research. The key to a successful EVP is not the equipment used, but the person doing the investigation. If the researcher is sensitive to the Spirit, and can form a bond, then you may have a real EVP experience. That is what we are lucky enough to have here at the Physick House.

What was that shadow? Was it the undead of Cape May's past wandering their beloved haunts? You might scoff, you might shudder, but rest assured: on board a trolley with an experienced guide you will begin to wonder what is beyond when you hear the tales of hauntings unearthed in Cape May by renowned psychic medium and author Craig McManus.



### Tattoos: Modern Expression & Ancient Art

For millennia, humans have tattooed their bodies to express their individuality, chronicling loves, losses, beliefs, victories, affiliations, hopes and dreams. The oldest human mummy discovered – 5,300 years old – had 60 tattoos, and his contemporaries, from the South Pacific to the indigenous people of New Jersey, were also inked. Queen Victoria's husband, son, and many of her grandsons and nephews, who were rulers of Europe, were tattooed. There is a long tradition of sailors using tattoos to chronicle adventures at sea. Tattooing has become increasingly popular in the last 20 years, and today, eight out of 10 Americans believe society is more accepting of people with tattoos. Learn about the range of expression and history of this ancient art form in this Carroll Gallery Exhibit on the grounds of the Emlen Physick Estate.



### *B*) 4:30PM Spirits, Oddities & Obsessions Combo Tour (1 hour)

They did what?!! Headless photography? Electric Corsets? Coffin Torpedoes? Travel on our trolley and explore some of the strange beliefs, superstitions, oddities, fads, curiosities, and mysteries from the end of the 19th century – the Victorian era. Hear stories from Cape May's history that are bizarre, unexplained, or just downright weird!

Take a step back in time to the Victorian Era - 1879 in the restored Physick Estate mansion and learn about the Victorian's fascination with magic, illusion, the mysterious and the odd. Hear about the Great Lafayette, the world's greatest magician; Houdini, the astounding escape artist; Ionia, the Goddess of Mystery; Pepper's Ghost, is it real, or just an illusion? Sherlock Holmes, Jack the Ripper and much more! (First floor only of Physick Estate)



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## DAY ONE CONTINUED

### **C) 4:30PM Historic Haunts Combo Tour: A double dose of Ghosts! (1 hour)**

Get into the "spirit" of things on a trolley tour past some of Cape May's regal Victorian residences, reputed to host more than the living. What was that shadow? Was it the undead of Cape May's past wandering their beloved haunts? You might scoff, you might shudder, but rest assured: on board a trolley with an experienced guide you will begin to wonder what's beyond when you hear the tales of hauntings unearthed in Cape May by renowned psychic medium and author Craig McManus.

Step off the trolley at the Emlen Physick Estate and enjoy a guided tour of the historic (some say haunted) 1879 Physick House Museum. As you tour the house, gain insight into Victorian Spiritualism and how it compares to modern paranormal investigation techniques. Your guide will lead you through selected rooms on both floors of the museum.

### **6:30PM Dinner at a local restaurant**

### **7:30PM Temperance Debate (45 minutes)**

In the late Victorian Period, the topics of temperance and prohibition were widely discussed in Cape May, just as they were in other parts of the country. This immersive program portrays a heated debate between a saloon owner from the community and a member of the Women's Rights Movement, along with other reformists.



## DAY TWO

### **9:30AM Cape May Point Step-on Guide (1 ½ hours)**

Take a scenic journey through West Cape May and reach the very tip of Cape May's peninsula, known as one of the most renowned migratory spots in North America. Upon entering Cape May Point State Park, you'll catch sight of the fully restored Lighthouse, originally built in 1859. Then, make your way to Sunset Beach where you can see the sunken ship, USS Atlantus - part of a collection of twelve concrete ships that ran aground on June 8, 1926, and remains visible today. Take your time exploring the shops, strolling along the beach in search of precious Cape May Diamonds, and capturing stunning photos of Delaware Bay.



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## DAY TWO CONTINUED

### 11:15AM Build a Scarecrow for Scarecrow Alley at the Physick Estate (1 hour)

Participate in a one-of-a-kind team building experience: Divide your team into smaller groups and work together to create a scarecrow for display on Scarecrow Alley at the Emlen Physick Estate. We will provide basic supplies, but your team is also encouraged to bring their own materials and clothing to personalize their scarecrow creation.



### 12:30PM Free Time for Lunch and shopping on the Washington Street Mall

Take advantage of a mid-day break to savor lunch and browse through the charming Washington Street Mall, which acts as the central hub of Cape May. Explore an array of one-of-a-kind boutiques and shops, indulge in fine dining options, and relax at nearby Rotary Park for a delightful experience.

### 3:00PM Return to your hotel

### 6:30PM Dinner at a local restaurant



## DAY THREE

### 8:00AM Breakfast at your hotel

### 10:00AM Depart Cape May



For group inquiries or reservations, contact:  
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