

FALL IN CAPE MAY:

A SEASONAL JOURNEY OF HISTORY & SPIRITS

Cape May



Museums. Arts. Culture.

Day One

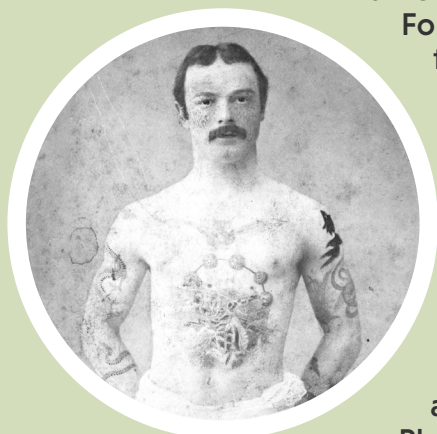
4:00PM-5:00PM Ghosts of Cape May Trolley & Carroll Gallery Exhibit

What was that shadow? Was it the undead of Cape May's past wandering their beloved haunts? You might scoff, you might shudder but rest assured: on board a trolley with an experienced guide you will begin to wonder what's beyond when you hear the tales of hauntings unearthed in Cape May by renowned psychic medium and author Craig McManus.



Tattoos: Modern Expression & Ancient Art

For millennia, humans have tattooed their bodies to express their individuality, chronicling loves, losses, beliefs, victories, affiliation, hopes and dreams. The oldest human mummy discovered -5,300 years old-had 60 tattoos, and his contemporaries, from the South-Pacific to the indigenous people of New Jersey, were also inked. Queen Victoria's husband, son, and many of her grandsons and nephews, who were rulers of Europe, were tattooed. There is a long tradition of sailors using tattoos to chronicle adventures at sea. Tattooing has become increasingly popular in the last 20 years, and today, eight out of 10 Americans believe society is more accepting of people with tattoos. Learn about the range of expression and history of this ancient art form in this Carroll Gallery Exhibit on the grounds of the Emlen Physick Estate.



5:30PM Check into your Hotel

6:30PM-8:00PM Dinner at the Lobster House

Enjoy dinner at The Lobster House Restaurant serving the freshest seafood available, often from their fleet of commercial boats. Dine in one of their five unique and picturesque dining rooms overlooking Cape May Harbor.



7:30PM-8:15PM Temperance Debate

In the late Victorian Period, the topics of temperance and prohibition were widely discussed in Cape May, just as they were in other parts of the country. This immersive program portrays a heated debate between a saloon owner from the community and a member of the Women's Rights Movement, along with other reformists.



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10:00AM-11:30AM Cape May Point Step-on Guide

Travel through West Cape May to the tip of Cape May's peninsula, which is one of the most celebrated migratory locations in North America. Entering Cape May Point State Park, you can view our fully restored Lighthouse, built in 1859. Then, it's onto Sunset Beach where the sunken ship "Atlantus" is still visible, and you'll enjoy a short shopping stop.



12:00PM-1:30PM Lunch at Hemingway's Restaurant

Have lunch at Hemingway's Restaurant at The Grand Hotel. There is something for everyone at Hemingway's Steak and Seafood Restaurant located within the Grand Hotel of Cape May. This Cape May restaurant features modern American cuisine with a variety of delectable culinary creations including fresh locally sourced seafood and so much more.

2:00PM-4:30PM Free time for Shopping on the Washington Street Mall

Take advantage of a mid-day break to browse through the charming Washington Street Mall, which acts as a central hub of Cape May. Explore and array of one-of-a-kind boutiques and shops, and relax at nearby Rotary Park.



5:00PM-6:00PM Head back to your hotel and take some time to unwind in the afternoon

Enjoy a leisurely walk along Cape May's promenade, lounge on the beach and bask in the warm sun as you read your favorite book or grab a seat at the bar and savor a refreshing beverage.



6:30PM-7:00PM Dinner at South 9 Bar & Grille

Discover the distinctive charm of one of Cape May County's premier bars, where you can indulge in a variety of timeless American cuisine. Unwind and enjoy yourself within their large, tastefully designed interior.

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Day Three:



10:30AM-12:00PM Village Views Walking Tour

Travel back in time to the 1800s and immerse yourself in Historic Cold Spring Village, a sprawling 30-acre site featuring restored and preserved buildings. Stroll along the village paths with your guide, who will discuss the history of the buildings and the crafts and trades of a 19th century village.

12:00PM-12:30PM Cold Spring Brewery

Following your tour enjoy a **complimentary tasting** at Cold Spring Brewery.



12:45PM-2:00PM Lunch at The Grange Restaurant

Discover the charm of Cold Spring Grange Restaurant, a farm-to-table eatery with a rich history. Their dishes feature ingredients sourced directly from the Historic Cold Spring Village Farm and other local farms in southern New Jersey.



4:30PM-5:30PM Spirits, Oddities, & Obsessions Combo Tour

They did what??!! Headless photography? Electric corsets? Coffin torpedoes? Travel on our trolley and explore some of the strange beliefs, superstitions, oddities, fads, curiosities, and mysteries from the end of the 19th century - The Victorian Era. Hear stories from Cape May's history that are bizarre, unexplained, or just downright weird!

Take a step back in time to the Victorian Era-1879 in the restored Physick Estate mansion and learn about the Victorian's fascination with magic, illusion, the mysterious and the odd. Hear about the Great Lafayette, the world's greatest magician; Houdini, the astounding escape artist; Ionia, the Goddess of Mystery; Pepper's Ghost, is it real, or just an illusion? Sherlock Holmes, Jack the Ripper and much more! (First floor only of Physick Estate)

6:00PM Dinner at your hotel



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Day Four

10:00AM-12:00PM Combination Graveyard and Voices from Beyond Tour



Join us for a unique tour of the 1879 Emlen Physick House with Cape May MAC. During the Voices from Beyond Tour, you will have the chance to listen to actual recordings of spirit voices caught by our staff over the past decade. See photos of the Physick family and their employees, as well as apparitions that have been spotted inside the house. Discover the equipment and tools used throughout history for investigating paranormal activity. Who could these eerie voices belong to? What is keeping them tied to the Physick House Museum? Come draw your own conclusions on this tour.

Your group will also take a trolley and head to Cold Spring Presbyterian Cemetery to visit the graves of Dr. Emlen Physick and his loved ones. Along the way and upon your return to the estate, we'll share interesting beliefs about the Spirit world from both past and present perspectives.

12:30PM-2:00PM Lunch at Anglesea Pub

Located in historic North Wildwood, NJ, Anglesea Pub offers a fantastic authentic Irish Pub experience. The building originally opened in 1885 as the Germantown Hotel and was once a place where local fishers could enjoy themselves after a logn day on the water. The building changed hands to the Bishop family in 1917 and has been known as the Anglesea Pub ever since. Hailing from Ireland, The McMullan brothers have incorporated their heritage into the pub's atmosphere and strive to provide their customers with the most enjoyable experience.



2:00PM Depart for Home



Explore our group tour options! Scan the QR code or visit capemaygrouptours.org for details.

For group inquiries or reservations, contact:

Susan F. Gibson, CTIS Group Tour Manager

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