

CAPE MAY'S SPIRITS & SOBRIETY

Cape May



Museums. Arts. Culture.

DAY ONE

CHOOSE EITHER *A*, *B* OR *C* FOR YOUR GROUP:

A) 4:15PM Combination Voices from Beyond, Ghosts of Cape May Trolley & Carroll Gallery Exhibit (2 hours) Limited Availability

This is one of the most unusual tours that Cape May MAC has ever presented. As we walk through Dr. Emlen Physick's home we will share with you a number of voices recorded here in the house that have no scientific explanation. Throughout the tour you will learn about the equipment and tools used over the years in paranormal research. The key to a successful EVP is not the equipment used, but the person doing the investigation. If the researcher is sensitive to the Spirit, and can form a bond, then you may have a real EVP experience. That is what we are lucky enough to have here at the Physick House.

What was that shadow? Was it the undead of Cape May's past wandering their beloved haunts? You might scoff, you might shudder, but rest assured: on board a trolley with an experienced guide you will begin to wonder what is beyond when you hear the tales of hauntings unearthed in Cape May by renowned psychic medium and author Craig McManus.



Cape May — First and Only

The year 2026 marks not only the 250th anniversary of our nation's founding with the signing of the Declaration of Independence, it marks two significant anniversaries for the City of Cape May: the 175th anniversary of its incorporation as a city, and the 50th anniversary of its designation as a National Historic Landmark. Cape May, the first and only, hails its unique place in 2026 as "America's First Seaside Resort" and the nation's only National Historic Landmark City. As the nation commemorates its founding, Cape May proudly reflects on its own journey, honoring its heritage while embracing a future built on the strength of community, culture, and timeless charm. Cape May MAC partners with the City of Cape May to mount this once-in-a-lifetime exhibit dedicated to celebrating these two remarkable and important Cape May anniversaries.



B) 4:30PM Spirits, Oddities & Obsessions Combo Tour (1 hour)

They did what?!! Headless photography? Electric Corsets? Coffin Torpedoes? Travel on our trolley and explore some of the strange beliefs, superstitions, oddities, fads, curiosities, and mysteries from the end of the 19th century – the Victorian era. Hear stories from Cape May's history that are bizarre, unexplained, or just downright weird!

Take a step back in time to the Victorian Era - 1879 in the restored Physick Estate mansion and learn about the Victorian's fascination with magic, illusion, the mysterious and the odd. Hear about the Great Lafayette, the world's greatest magician; Houdini, the astounding escape artist; Ionia, the Goddess of Mystery; Pepper's Ghost, is it real, or just an illusion? Sherlock Holmes, Jack the Ripper and much more! (First floor only of Physick Estate)



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DAY ONE CONTINUED



C) 4:30PM Haunted Tales of the Cape Combo Tour (1 hour)

Take an evening trolley ride through the Historic District and hear the latest stories of haunted Cape May unearthed by the very locals who have relationships with the spirit world, including those who have worked at the 1879 Physick House Museum for years. Then, step off the trolley at the museum with your guide. Learn about Victorian Spiritualism and explore Victorian methods and the objects they used to contact the spirit world as you tour select rooms. You'll hear a story or two about unexplained happenings in the house, widely reputed to be haunted.

6:30PM Dinner at a local restaurant

7:30PM Temperance Debate (45 minutes)

In the late Victorian Period, the topics of temperance and prohibition were widely discussed in Cape May, just as they were in other parts of the country. This immersive program portrays a heated debate between a saloon owner from the community and a member of the Women's Rights Movement, along with other reformists.



DAY TWO

9:30AM Cape May Point Step-on Guide (1 ½ hours)

Take a scenic journey through West Cape May and reach the very tip of Cape May's peninsula, known as one of the most renowned migratory spots in North America. Upon entering Cape May Point State Park, you'll catch sight of the fully restored Lighthouse, originally built in 1859. Then, make your way to Sunset Beach where you can see the sunken ship, USS Atlantis - part of a collection of twelve concrete ships that ran aground on June 8, 1926, and remains visible today. Take your time exploring the shops, strolling along the beach in search of precious Cape May Diamonds, and capturing stunning photos of Delaware Bay.



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DAY TWO CONTINUED

11:15AM Visit the Welcome Center Gallery Exhibit "Revolutionary Cape May"

While Cape May, N.J. was remote and distant from the American Revolutionary War on land, it occupied a strategic location at the tip of the Cape. Its pilots knew the shoals of the ocean and bay intimately. It was already a node of shipping trade, offering safe anchorage to vessels traveling to and from Philadelphia, and was gaining a reputation as a seashore retreat among Philadelphians. It could also keep watch over the movements of the British Navy, functioning as an early warning system for the city.



12:00PM Free time for lunch and shopping on the Washington Street Mall

Take advantage of a mid-day break to savor lunch and browse through the charming Washington Street Mall, which acts as the central hub of Cape May. Explore an array of one-of-a-kind boutiques and shops, indulge in fine dining options, and relax at nearby Rotary Park for a delightful experience.

3:00PM Return to your hotel

6:30PM Dinner at a local restaurant



DAY THREE

8:00AM Breakfast at your hotel

10:00AM Depart Cape May



For group inquiries or reservations, contact:

Susan F. Gibson, CTIS Group Tour Manager

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